CAHS Indoor Mat Crew 2023 Practice Schedule

January
Tues 17
Th 19

February
Tues 7
Th 9

March
Tues 28
Th 30

April
Sun 30 - possible parent performance/equipment tear down

May
Tues 2 - possible parent performance
Thurs 4 - possible parent performance

Tentative Competitions
Jan 21 - Preview @Mt.Lebanon HS
Feb 11 - McKeesport HS
April 1 - Homer Center HS
April 22 - Johnstown HS
April 29 - Championships @Baldwin

Times
Sundays 2pm-3pm
Tuesdays 7pm-7:30pm
Thursdays 7pm-7:30pm